

## Project Goal-Setting Worksheet

My name: \_\_\_\_\_

My goal is:

My target  
date is:

To reach my  
goal, I will do  
these three  
things:

- 1.
- 2.
- 3.

I will know I  
have reached  
my goal  
because:

Two things  
that will help  
me stick to  
my goal are:

- 1.
- 2.